



YOUR PYRAMID OF BALANCE

REACHING the PINNACLE of AWARENESS and CONSCIOUSNESS by MASTERING the MANAGEMENT of YOUR INNER POWER

You are energetic and inter-dimensional by nature. Your destiny is not fixed. Mastering the following will put you in the driver's seat of your own destiny:

- 17 levels of consciousness
- 7 wheels of power
- 4 cornerstones
- 3 keys to changing destiny

THE FOUR CORNERSTONES (Source: "The Hathor Material" by Tom Kenyon)

1. Your relationship to your physical and non-physical bodies (emotional, mental, causal (soul), and higher. Begin by nurturing and strengthening your physical body. Start acting on your better knowing more often.
2. Your relationship with yourself and others. Be aware of your own truth; cultivate truthfulness with others. Never attack!
3. Your relationship to the service you give. Make love manifest. Give without expectation. Detach from outcomes.
4. Your conscious relationship with the sacred elements (nature). Become a steward of earth, air, water, and energy. Be and live clean.

THE THREE KEYS (Source: "The Hathor Material" by Tom Kenyon)

1) Awareness; 2) Choice; 3) Vibration



THE SEVEN CHAKRA AFFIRMATIONS (Source: "The Anatomy of Spirit" by Carolyn Myss)

1) All is one (root chakra); 2) Honour one another (sacral chakra); 3) Honour yourself (solar plexis); 4) Love is Divine power (heart chakra); 5) Surrender self-will for Higher Will (throat chakra); 6) Seek only Truth (third eye chakra); 7) Now is the only time (crown chakra)