



COLIN HILLSTROM

Transformation Coaching & Workshops

**3cFlow Solutions: Insights, Ideas, Solutions, Steps**

Based on working with any of the 3cFlow© Coaching Tools, what are your key insights, ideas, solutions, and steps? Which are *The Zero Agreements* that you are making? Identify your time line, your projected benefits, who else will benefit, your projected indicators for being on or off track, consider what else is possible... and inquire “How does it get better than this?”

AREA #1: \_\_\_\_\_

AREA #2: \_\_\_\_\_

AREA #3: \_\_\_\_\_

Signed: \_\_\_\_\_

Witness: \_\_\_\_\_

Date: \_\_\_\_\_